

Lunch Menu

WEEK ONE AUTUMN WINTER

(V) vegetarian option
(Ve) vegan option



STAR DISH

























































MEAT FREE

RAB & GO

POT 'N' TASTY

SIDES

TODAY'S DESSERTS

Green Earth	Tuesday	Wednesday	Thursday	Friday
Halal Paprika Chicken & Sri Lankan Dahl, Steamed Mixed Rice 	Halal Beef Lasagne with Garlic Bread  	Sustainably Sourced Battered Fish & Chips 	Halal Chilli Con Carne & Fiesta Rice  	Halal Jerk Chicken with rice & peas & soul Gravy  
Mediterranean Vegetable Lasagne with Garlic Bread(v)  	Chilli Sin Carne & Fiesta Rice (Ve)   	Cheese & Tomato Pizza & Chips 	Roasted Coriander Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice   	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)  
Chicken Burger 	Halal Mediterranean Chicken Sub  	Melted Cheese Panini 	Halal Piri Piri Chicken wrap 	Halal Pepperoni Pizza  
Tomato & Basil Pasta 	Halal Sweet Chilli Chicken Pasta 	Halal Chicken Tikka & Steamed Rice 	Halal Sweet & Sour Chicken Noodles  	Pasta Arrabbiata 
Baked Beans    Broccoli  Mixed Salad	Baked Beans    Fajita Roasted Sweetcorn & Peppers  Mixed Salad	Baked Beans    Peas  Mixed Salad	Baked Beans    Garden Salad Sri Lankan Vegetable Salad	Baked Beans    Peas  Mixed Salad
Blueberry slice & custard 	Apricot Sponge & Custard 	Ginger Cake & Custard 	Chocolate Sponge & Custard 	Apple Crumble & Custard 

Slow-Release Energy Foods



For a Healthy Gut



Brain Boost



Contains Calcium



Contains Iron



Contains Protein



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WEEK TWO AUTUMN WINTER

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(Ve) vegan option



	Green Earth	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Halal Chicken Curry with Rice 	Halal Minced Lamb & Onion Pie 	Sustainably Sourced Battered Fish & Chips 	Halal Shepherd's Pie 	Halal Jerk Chicken with rice & peas & soul Gravy
MEAT FREE	Smokey Quorn Rice Bowl, Crispy Baked Tortilla & Lettuce & Salsa (V) 	Jamaican Squash Curry with Pineapple Rice (V) 	Cheese & Tomato Pizza & Chips (V) 	Vegetable Chickpea curry & Rice (V) 	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)
GRAB & GO	Halal Pepperoni & Cheese Panini 	Halal BBQ Chicken Snack Wrap 	Dirty Quorn & Cheesy Bean Burger (V) 	Chicken Tikka Sub 	Halal Pepperoni Pizza
PET 'N' TASTY	Pasta of the Day 	Pasta of the Day 	Pasta of the Day 	Pasta of the Day 	Pasta of the day
SIDES	Baked Beans Green Beans Garden Salad	Baked Beans Fajita Roasted Sweetcorn & Peppers Garden Salad	Baked Beans Peas Garden Salad	Baked Beans Seasonal Mixed vegetables Garlic Green Beans Garden Salad	Baked Beans Peas Garden Salad
TODAY'S DESSERTS	Lemon & Blueberry Slice & Custard 	Pineapple Upside Down Cake & Custard 	Baked Vanilla Sponge & Custard 	Fruit Crumble & Custard 	Eves Pudding & Custard

Lunch Menu

WEEK THREE AUTUMN WINTER

(V) vegetarian option
(Ve) vegan option



STAR DISH

MEAT FREE

GRAB & GO

POT 'N' TASTY

SIDES

TODAY'S DESSERTS

Green Earth	Tuesday	Wednesday	Thursday	Friday
Halal Jamaican Chicken Curry with Pineapple & Coconut & Rice 	Halal Beef Enchilada served with Nachos(H) 	Sustainably Sourced Battered Fish & Chips 	Halal Cottage Pie Topped with Cheesy Mash 	Halal Jerk Chicken with rice & peas & soul Gravy
Vegetarian Quorn Cottage Pie Topped with Cheesy Mash 	Mexican Vegetable Stew & Baked Tortilla (Ve) 	Cheese & Tomato Pizza & Chips (V) 	Jamaican Squash Curry with Pineapple & Rice	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)
Halal Chicken Sausage Roll 	Panini of the Day Halal Pepperoni or Cheesy Bean (V) 	Vegetable Cheeseburger (V) 	BBQ Veggie Melt (V) 	Halal Pepperoni Pizza
Pasta of the Day 	Pasta of the day 	Pasta of the Day 	Pesto Pasta Pot	Pasta of the day
Baked Beans 	Baked Beans 	Baked Beans, Peas 	Baked Beans 	Seasonal Mixed Vegetables
Garlic Green Beans 	Roasted Sweetcorn Wedges 	Garden Salad	Steamed Broccoli 	Peas
Garden Salad	Garden Salad	Garden Salad	Mixed Salad	Mixed Salad
Flapjack & Custard 	Marble Chocolate Sponge & Custard 	Jammie sponge & Custard 	Iced Orange & Ginger Traybake & Custard 	Lemon Drizzle Cake & Custard